*Andriette Wickstrom*

# The woman who won't age

**By Dave Graves**
Newsletter editor

Andriette Wickstrom has been dealt a lot of cards in her life, but one she refuses to play is the age card.

She turns 65 on Feb. 5. Rather than celebrating the opportunity to go on Medicare, she is rejoicing about being on the young end of her age group. The April 20 Boston Marathon will be her first chance to test her abilities in the next age bracket on a major stage. America's best known marathon is a race she is thoroughly familiar with.

This year will be her 29th consecutive year to run Boston. On Oct. 6, 2019, she ran the Twin Cities Marathon for the 29th consecutive year.

"I tend to be loyal to races," the Storm Lake, Iowa, runner and Prairie Striders member understates. "I've run 113 marathons, 28 are Boston, 29 are Twin Cities."

The Boston Marathon has a Quarter Century Club with 95 members. Wickstrom ranks 63rd overall and seventh among women. The leading woman has run 33 straight Boston, Wickstrom said.

## Her introduction to running

While always active, Wickstrom didn't become a runner until later in life. In 1989, Wickstrom's Storm Lake neighbor signed his wife up for a 5K. Doing the neighborly thing, Wickstrom, 34, helped her train for the race, though she didn't run the event herself. Later that year she found out about a two-mile, entered and won her age group in 15:02.

Infected by the running bug, she started running more in 1990, and in 1991 ran her first marathon at Drake in Des Moines, Iowa.

"I worried I would get lost, so I drew the map on my arm." No need for concern. With a finishing time of 4:00:20, Wickstrom was no straggler. With consistent running her time improved. In October 1991, Wickstrom ran the Twin Cities Marathon in 3:33:32 and qualified for the Boston Marathon the following April.

She has kept that cycle going ever since and intends to keep it going "as long as I can," said Wickstrom, who substitute teaches in Storm Lake.

Her performance at the 2019 Twin

Wearing a Prairie Strriders singlet, Andriette Wickstrom competes in the 2017 Tulsa 15K, which she finished in 1:09:00 to win the 60-64 age group.

## 2020 race schedule

| | |
|---|---|
| Prairie Striders Indoor 5k | Saturday, Jan. 25 |
| Frostbite Frolic | Saturday, Feb. 15 |
| Arbor Day 5k | Friday, April 24 |
| "I'm Ready for Summer" Triathlon | Sat., April 25 |
| Scotty Roberts 5k | Friday, May 15 |
| Brookings Marathon, Half & Relays | Sat., May 16 |
| Longest Day 10K | Saturday, June 20 |
| Beef and Eggs 5K | Saturday, July 11 |
| Predictor Mile | Wednesday, Aug. 5 |
| Oakwood Lakes Trail Run | Saturday, Aug. 8 |
| Jack 15 | Saturday, Oct. 3 |
| Hobo Day 5K | Saturday, Oct. 31 |

# Wickstrom: Keeping Brookings on her race schedule



**From the files**. Posing after the Nike Cross Country Heartland Regionals in Sioux Falls in November 2011 are, from left, former Prairie Striders racer Vicki (Coyle) Nelson, Andriette Wickstrom, Emily Berzonsky, who was competing in her first race as a Prairie Strider, and Bob Bartling, who organized the club's race teams.

## Continued from Page One

Cities was 36 seconds slower than what she ran as a 36-year-old. That equates to slowing down at a rate of 1.24 seconds per year over a distance of 26.2 miles. Definitely braggin' material. Her 2019 pace was 8:11, placing second out of 64 in the F60-64 age group and 197th out of 2,899 total females.

She age graded at 87 percent based on the world record for her age group.. Ninety percent is considered world class.

## Has entered 60 races per year

Of course, Boston and Twin Cities, two of the nation's premiere marathons aren't the only races she competes in. "I usually run around 40 races (per year). I've done 50 and 60." Why? "Because I don't like to train," Wickstrom joked. "I don't like to do speed work. I stopped doing speed work in 1998. I do races for speed work. Race magic – there's always something when you put a number on and the gun goes off, you're always doing to run faster than a training run."

At the 2019 Victory 10K in Minneapolis, she age graded a 90 with a time of 45:14. It's a mark that even the self-abasing Wickstrom is proud of.

So where is that fountain of youth Wickstrom has tapped into? Part of it is found in her genetics, she said. She also has been making monthly visits to the chiropractor since 2000. "I swear by it," Wickstrom said. Part of the explanation is the amount of training she does. She has run 2,000- plus miles per year since 1994.

Many of them are at a competitive pace. "I binge race as part of marathon training," said Wickstrom, who holds 40 single-age records in Minnesota.

Last year she ran the Victory Day10K in 45:14, "a decent time for me," at 8 a.m. Sept. 2 and clocked a 22:44 in the Victory 5K at 9:30 a.m. Then on Sept. 8 she ran the City of Lakes Half Marathon in 1:37:33 to age grade at 91.27. "I start to peak in the early fall because the temperatures are starting to cool."

## Favors fall racing

That helps explain why she has done so well at the Twin Cities Marathon, which is held the first weekend of October, and the Tulsa Run 15K, which is the last week of October.

Check out these statistics: The Twin Cities Marathon served as the USATF national championships in 2005, 2010 and 2015. Each year Wickstrom won her age group. In 2005, first in 50-54 in 3:38:01. In 2010, first in 55-59 in 3:26:22. In 2015, first in 60-64, in 3:22:46, for which she was the second age-graded master and took home a $925 check.

She also was first in her age group at the Tulsa Run in 2013, 2014, 2016 and 2017 with her PR at 15K coming in 2013 with a time of 1:06.25 (pace 7:07).

Wickstrom's life isn't strictly about running. An avid reader, she also participates in a local book club, does yard work and designs and creates crepe paper flowers, an art she also teaches to middle schoolers.

## 'New year, new goals'

After more than three decades of highly successful running, Wickstrom would be justified in resting on her laurels. Of course, she has no intention of doing that. "Every year there is a new year, new goals. Minnesota keeps single age records. I'm going to try to break nine of them next year. This year I broke five of them from the 12K to the marathon."

That motivation keeps the Iowan heading north for a lot of her races, but she vows to keep at least one Brookings race on her schedule.

She likes Brookings for the "small town friendly" feel and the relationships she has, most notably with Bob Bartling, who for many years oversaw the Prairie Striders racing teams that Wickstrom was a part of. The 1996 Boston Marathon was the first time she raced as a part of the Prairie Striders team and it finished first in the master's division.

She notes that Bartling's continued interest in former racing team members keeps her motivated. "I always think of Bob when I start to slow down. 'I better pick it up. Bob might be checking on my time,'" Wickstrom says to herself.

And when he does, he is nearly always impressed. Thanks so much for continuing the Prairie Striders legacy.

# Just One More Turn

I think
I'll go this way now
Just one more turn
Will add a few minutes
To this wonderful run

It reminds me of my first time
Running an hour

I felt light on my feet
Strong, graceful, empowered
Just a few more minutes
I can make it to 60
Just one more turn

It was in a favorite place
The woods of Presque Isle
A beautiful, peaceful setting
Trails with twists and turns
The sun through the trees
On a gorgeous summer day

I was late for the family picnic
Sorry about that
I just had to keep going
Explore another path
Run a little bit farther
Just one more turn

It's almost 36 years later
On this morning run
In an ordinary place
On a typical winter day
But I still feel free
Like I could just keep going
Just one more turn

I marvel at
The countless miles
My knees have endured
I laugh at
The many injuries
And days, weeks, and months
Without running

But today, it's special
So it's a gift
I'm not running fast
Like I once did
But I am running far
Like I once did
It's more than an hour now
That goal has been met
But I still pursue
Just one more turn

I think "easy, light, smooth"
Because I was *Born to Run*
I focus on my foot plant
My posture, my gait
I can still improve
So maybe I can
Run longer
Run further
Just one more turn

I think
I am blessed
Because something so simple
Is so beautiful, so pleasant, so joyful
So fulfilling and invigorating
To me

I think
I'll take
Just one more turn

**Lori Bocklund**
**Beaverton, Oregon**
**February 2014**

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# Strider snippets

## Striders hosting Frostbite Frolic

Prairie Striders Running Club invites community members, runners and non-runners, to its annual Frostbite Frolic Saturday, Feb. 15, at the community room of Innovation Village Apartments, 2405 Tenth St., Brookings.

The 11 a.m. frolic is a social run on a paved, one-mile loop around the nearby Research Park at SDSU. Runners can complete as many loops as they wish. This is a non-timed event.

The potluck begins at noon. Chili, soup, drinks and tableware will be provided. Participants are encouraged to bring a dish to pass.

Following the potluck will be presentation of 2019 awards, including the Friend of Running honor, and announcement of the 2020 officers and race schedule.

Door prizes, including gift certificates, will be awarded.

Families are encouraged to attend. Running is optional. A movie also will be shown during the running hour. The adjacent swimming pool also is available during the frolic.

For more information, go to: run@prairiestriders.net.

## Triathlon: 20 and out

Begun in 2001 by a graduate student to meet a class project, the "I'm Ready for Summer" Triathlon will be staged for the 20th and last time April 25.

The Prairie Striders event has always been organized through the SDSU Wellness Center and has been directed by Shari Landmark ever since.

The demands on staff and unpredictability of late April weather has caused Landmark to say 20 is a good stopping point. She hopes to attract 175 for the sendoff event.

The event is going out with custom medals and still features team and individual contests as well as three junior divisions for ages 5-14.

Adult distances are 500-yard swim, 20K bike ride and 5K run. Registration is through runsignup.com with early bird pricing good through March 25.

## Send us your running stories

Funny, scary, unusual, out of the ordinary, long or short.

We would like to share members' stories in future edition of the Prairie Striders newsletter. Respond on Facebook or email to run@prairiestriders.net.

## Discount for Deadwood

Members of Prairie Striders Running Club who would like to participate in the Deadwood Mickelson Trail Marathon are being offered a $10 discount through May 29.

Simply use the code Rundeadwood2020 (not case sensitive) when registering at https://secure.get-meregistered.com/get_information.php?event_id=132897.

The discount also applies to the half marathon and relay, all being held June 7.

For more information, contact Emily Wheeler at info@Deadwood MickelsonTrailMarathon.com.

## No respector of age

Marty Wennblom turned 40 last year, but his legs haven't aged a bit.

The 2001 Jackrabbit graduate clocked a 4:44 mile to finish second in the Alumni Mile at the Jim Emmerich Invitational Jan. 25 at SDSU.

That was midafternoon. He began the day by winning the Prairie Striders Indoor 5K in a time of 16:30, which broke the master's record by nearly two minutes. He already holds the open record with a time of 16:05 in 2018.

# 2019 — A year for Prairie Striders milestones

**The president's observation**

*Dave Graves*

As we roll through the winter months of 2020, it is appropriate to reflect on an historic year for Prairie Striders in 2019.

The club marked its 50th anniversary with ice cream, cake and stories of race adventures as recently as the 2019 Brookings Marathon and all the way back to the first Brookings Marathon in 1970. A tip of the cap to organizers Nancy Scholl and Lou Eggebratten.

We recognized charter members and celebrated a milestone in fundraising.

Way back in 2018, as the club looked toward its golden anniversary, member Chuck Tiltrum suggested a 50 for 50 campaign. That meant raising the size of the club's scholarship endowment to $50,000 by the time of the club's official 50th birthday—Sept. 12, 2019.

At that time, the endowment for the SDSU Prairie Striders/Phil LaVallee Scholarship stood at $33,000. Many responded and giving soon exceeded the initial $17,000 goal. A gift $20,000 from Harvey Mills, who was among the early Prairie Strider members, encouraged us to raise the goal.

In 2019, the mark was set at $75,000 and in late August checks came in to get us to $75,000.

There were 119 donors providing financial assistance to this scholarship which will provide up to $3,000 per year for a scholarship award to an SDSU distance runner.

We greatly appreciate all who went this extra mile.

The celebrating actually began May 11 with the 50th running of the Brookings Marathon. Many former champs, including five-time winner Randy Fisher, were among those who returned. Race director Matt Bien has put together the history of the Longest Day/Brookings Marathon in book form with photos, stories and complete race results.

"From Longest Day to Brookings Marathon 50 Years of Running Brookings, South Dakota" is available in soft and hard cover. The press will soon roll. Place your order at https: www.brookingsmarathon.com/book.html.

## Race highlights from 2019

• Steve Britzman marked his 30th and final year of directing the Arbor Day 5K. John Blatchford will conduct this April's run. The 2019 Bob Bartling Hobo Day 5K was Britzman's 24th year for directing that race. He will go out with a Halloween version of the Hobo Day 5K this year and then turn reigns over to Randy Hanson.

• A new master's record was set at the Brookings Marathon and past record holder Steve Wilson was there to congratulate Geofrey Terer.

• A record 45 teams participated in the Jack 15 relay.

• The Beef and Eggs 5K had 144 participants, most since 175 in 2015.

• The second running of the Oakwood Lakes Trail Run grew to 44 participants.

• The Predictor Mile grew to 34 participants.

• The Longest Day 10K added a relay division and saw a small increase in participation to 27.

## Membership: Any club's lifeblood

None of what race directors and club leaders accomplish would be possible without the financial and physical support of our *loyal* membership. Let me emphasize loyal members. On Page 6 you will see the list of loyal, longtime members. On Page 5 is the list of life members and those who have donated beyond their $5 dues.

They're impressive lists, especially in an era when organizations hurt for membership. In looking at the website of our running brethren to the south, the Sioux Falls Running Club reported 146 members with 78 of them overdue.
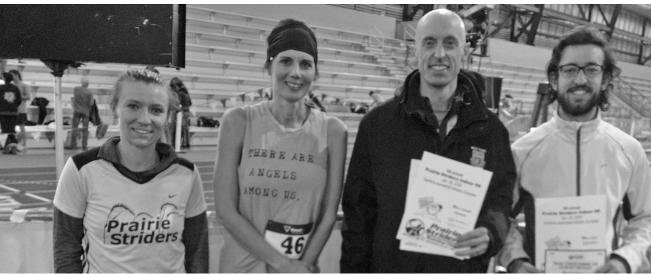
We're thankful for the tradition established by the Prairie Striders early leaders and take encouragement in knowing that many continue their membership despite moving out of the area or aging out of running. Note that you can never age out of Prairie Striders. Our rolls boast Boyd Shank, 105, and the youthful Bob Bartling, 93, who now serves as club historian and librarian.

Prairie Striders membership now stands at 253. We thank everyone of you for your support and hope you will continue to see your membership as a tangible way supporting the sport of running. The 2020 membership card and return envelope are included with this mailing.

For those who are able, we hope you will take an active role in the club, whether that be volunteering at races, attending our monthly meetings or helping with social events. There is a role for all — runner or nonrunner.

May the generation that gathers for the club's 75th anniversary be thankful for support that was generated for Prairie Striders in 2020.

*Dave Graves has served as president since 2013 and also is co-director of the Jack 15 and Indoor 5K.*



Champions from the Sixth Annual Prairie Striders Indoor 5K are, from left, Emily Berzonsky, women's open; Heather Hiltunen, women's masters; Marty Wennblom, men's masters; and Derrick Ettel, men's open. Wennblom was the overall winner with a time of 16:30 while Berzonsky was the women's overall winner with a time of 19:18.

**Prairie Striders officers 2020**

President — Dave Graves
Vice president — Nancy Scholl
Secretary/webmaster — Trevor Penning
Treasurer — Jay Larsen
Web address — www.prairiestriders.net

# Points competition winners for 2019 announced

Winners of the Prairie Striders points competition will be awarded at the Feb. 15 Frostbite Frolic.

Runners must have competed in at least three Prairie Striders races to be eligible. Points are awarded based on placing vs. number of runners competing. First place in a 100-runner field equals 100 points.

To see where you placed, go to: http://www.prairiestriders.net/points-competition.html.

* Indicates repeating champion from 2018.

**Men's open average**
* Brady Diercks 34, Brookings, 169.3 (4)
Trevor Hinderaker, 22, Astoria, 91.5 (6)
Owen McElroy, 37, Watertown, 83.7 (3)

**Men's masters average**
* Brad Olinger, 43, Brookings 181 (4)
James Niehus, 47, Hendricks, Minn., 137.2 (5)
Andrew Dickinson, 40, Brookings, 120 (4)

**Women's open average**
Brianna Kreutner, Brookings, 146 (3)
Brittany McKnight, Brookings, 142 (3)
Holly Monnier, 25, Toronto, 113 (3)

**Women's masters average**
Nicole Ness, Rochester, Minn, 138 (3)
Adrienne McEntee, 46, Brookings, 92 (4)
Jodi Tjeerdsma, 51, Sioux Falls, 70.3 (3)

**Men's total points open**
* Brady Diercks, 34, Brookings, 677 (4)
Trevor Hinderaker, 22, Astoria, 549 (6)
Owen McElroy, 37, Watertown, 251 (3)

**Men's total points masters**
Chuck Harming, 44, Elkton, 897 (8)
Brad Olinger, 43, Brookings 724 (4)
James Niehus, 47, Hendricks, Minn., 686 (5)

**Women's total point open**
Brianna Kreutner, Brookings, 438 (3)
Heidi Hopewell, 31, Brookings, 437 (4)
Brittany McKnight, Brookings, 426 (3)

**Women's total points masters**
Nicole Ness, Rochester, Minn, 414 (3)
Adrienne McEntee, 46, Brookings, 368 (4)
Jodi Tjeerdsma, 51, Sioux Falls, 211 (3)

**Most races**
Chuck Harming — 8
Trevor Hinderaker — 6
Tim Fryer — 6

# Life Members  Requires A Minimum Gift Of $100  *Denotes New Lifetime Members In 2019

Ron Amundson, Orinda CA
Arne Anderson, Canton SD
Bob Bartling, Brookings SD
Herb Bartling, Vancouver WA
Christa Bartling Bortnem, Brookings SD
Jerry Bergum, Brookings SD
William Berzonsky, Lincoln NE
Rob Beyer, Mound MN
Tom Bezdichek, Brookings SD
*Dan Bielfeldt, Brookings SD
Matt Bien, Brookings SD
Tom Birath, Marshall MN
John Blatchford Brookings SD
Justin Bonnema,, Inwood IA
Dave Braley, Sioux Falls SD
Steve Britzman, Brookings SD
Dave Bushard, Lake Shetek MN
Andrew Carlson, White Bear Lake MN
Dan Carlson, White Bear Lake MN
Laura Carlson, White Bear Lake MN
Rob Carney, Lakeville MN
Lyle Claussen, Beatrice NE
Sharon Clay, Brookings SD
Paul Danger, Valparaiso IN

Sara Danger, Valparaiso IN
Ann Day, Willmar MN
Rod DeHaven, Brookings SD
Rufus DeZeeuw, Elkton SD
Jay Dirksen, Hot Springs Village AR
Jim Egeberg, Valley City ND
Pat Egeberg, Valley City ND
Shelby Eischens, Aurora SD
Becka Foerster, Brookings SD
Danny Foerster, Brookings SD
Brian Freking, Keota OK
Jeanette Gibbons, Brookings SD
Dave Graves, Volga SD
Dave Griffith, Wecota SD
Chris Gruenhagen, Brookings SD
*Kaylyn Gutormson, Bruce SD
Steve Hauff, Sioux Falls SD
Mary Held, Aurora SD
Mike Hieb, Brandon SD
Wade Hoffman, Minnetrista MN
Joanie Holm, Brookings SD
Rick Holm, Brookings SD
Dennis Hopfinger, Brookings SD
Owen Hotvet, Sioux Falls SD
Angela Kauch, Minneapolis MN
*Gene Kingslien, Watertown SD

Carol Klitzke, Maple Grove MN
*Kelly Koenig, Brookings SD
Steve Kurtenbach, Sioux Falls SD
Shari Landmark, White SD
Jay Larsen, Brookings SD
Polly Larson, Volga SD
Steve LeFevre, Fallbrook CA
Harry Mansheim, Brookings SD
Chuck McCullough, Brookings SD
*Nikki McDaniel, Rapid City SD
Barry McKeown, Arlington TX
Dan Merchant, Brookings SD
Kati Merkley, Brookings SD
Dave Meyer, Brookings SD
Patricia Meyer, Brookings SD
Jerry Miller, Sioux Falls SD
Pete Monfore, Aliso Viejo CA
Paul Morgan, Winona MN
Keith Morrill, Custer SD
Lori Munsterman, Brookings SD
Vicki Nelson, Sioux Falls SD
*Mandy Orth, Brookings SD
Kurt Osborne, Brookings SD
Dan O'Shea, Eugene OR
Trevor Penning, Brookings SD
Gary Pierson, Sioux Falls SD
Dan Propst, Pierre SD

Lynn Riedesel, Brookings SD
Dwayne Rollag, Sioux Falls SD
Nancy Scholl, Brookings SD
Paul Schroeder, Nevis MN
Joe Schuch, Belton MO
Susan Scott, Lincoln NE
Kevin Smith, Brookings SD
*Peder Solberg, White Bear Lake MN
Tom Stambaugh, Nevis MN
John Stiegelmeier, Brookings SD
Sharon Stubler, Minnetonka MN
Alison Tappan, Brookings SD
*Marcel Thielke, Brookings SD
*Jim Thvedt, Brookings SD
Chuck Tiltrum, Aurora SD
David Ulschmid, Arlington SD
*Scott Underwood, Brookings SD
Marty Wennblom, Anniston AL
Tim Wilson, McMinnville OR
Joan Wolles, Colton SD
Becky Youngberg, Eden Prairie MN
Jack Youngberg, Eden Prairie MN
Jason Zimmerman, Brookings SD
Kyrsten Zimmerman, Brookings SD

# Donated above dues

Bruce Allen, Flandreau SD
Jill Anderson, Duluth MN
Bob Bartling, Brookings SD
Herb Bartling, Vancouver WA
Becki Bartling, Bray Sioux Falls SD
Jerry Bergum, Brookings SD
Benda Berseth, Brookings SD
Steve Berseth, Brookings SD
William Berzonsky, Lincoln NE
Kevin Bjerke, Billings MT
Mary Bjerke, Volga SD
Russ Bjerke, Volga SD
Lori Bocklund, Beaverton OR
Leah Brink, Brookings SD
Steve Britzman, Brookings SD
Rob Carney, Lakeville MN
Craig Cassen, Piedmont SD
Lyle Claussen, Beatrice NE
Paul Coffin, Sioux City IA
Ann Day, Willmar MN
Jane Derby, Estelline SD
Jay Dirksen ,Hot Springs Village AR

Ryan Egeberg, Edina MN
Shelby Eischens, Aurora SD
Randy Fischer, Sioux Falls SD
Van Fishback, Brookings SD
Becka Foerster, Brookings SD
Danny Foerster, Brookings SD
Nancy Gieske, San Ramon CA
Dave Graves, Volga SD
Dave Griffith, Wecota SD
Chris Gruenhagen, Brookings SD
Randy Hanson, Aurora SD
Paul Hanusa, Volga SD
Steve Hauff, Sioux Falls SD
Louis Hesler, Brookings SD
Wade Hoffman, Minnetrista MN
Dennis Hopfinger, Brookings SD
Scott Jamison, Wentworth SD
Gloria Jansen, White Bear Lake MN
Marcus Johansen, Stacy MN
Kevin Kephart, Brookings SD
Lucy Kephart, Brookings SD
Wally Klawiter, Sioux Falls SD

Bryan Krogman, Brookings SD
Jay Larsen, Brookings SD
Deb Leiferman, Brookings SD
Reyna Martin, Brookings SD
Nikki McDaniel, Rapid City SD
Adrienne McEntee, Brookings SD
Kati Merkley, Brookings SD
Janet Merriman, Brookings SD
Michael Merriman, Brookings SD
Casualene Meyer, Madison SD
Dave Meyer, Brookings SD
Jerry Miller, Sioux Falls SD
Brian Nelson, Sioux Falls SD
John Nelson, Madison SD
Lukas Nelson, Sioux Falls SD
Vicki Nelson, Sioux Falls SD
Judy Norton Pinckney, Rosemount MN
Mandy Orth, Brookings SD
Jim Pedley, Martinez CA
Brett Pettigrew, Brookings SD
Gary Pierson, Sioux Falls SD
Richard Reid, Brookings SD

Colene Reiser, Brookings SD
Bob Ritter, Brookings SD
Dwayne Rollag, Sioux Falls SD
Stephen Roy, Hastings MN
Bob Salmi, Aberdeen SD
Susan Scott, Lincoln NE
Boyd Shank, Brookings SD
Dick Smith, Brookings SD
Russ Strande, Brookings SD
Joe Sudtelgte, Elkton SD
Barbara Swenson, Pine Island MN
Chuck Tiltrum, Aurora SD
Scott Underwood, Brookings SD
Peggy Whalen, Brookings SD
Andriette Wickstrom, Storm Lake IA
Dave Wik, Monticello MN
Joan Wolles, Colton SD
Becky Youngberg, Eden Prairie MN
Jack Youngberg, Eden Prairie MN
Kim Zilverberg, Belle Plaine MN

# Brookings Marathon history book now available

Marathon Friends,
We are excited to announce the publication of a new book recounting 50 years of marathon running in Brookings, South Dakota. For anyone who has run or otherwise contributed to the marathon over the past half-century, the book will be a treasure to review.

**Highlights include**:
 • Foreword by Jay Dirksen, race founder and first champion
 • Highlights from every year of the race
 • Vintage photos
 • Newspaper articles from each anniversary year
 • Featured runner stories
 • Complete finisher database by year and by last name
  • Champion bios, past directors, courses and much more!

Books will be printed to order. Your orders will be taken online from **February 1 to February 15, 2020**. Don't miss out! We expect printing to be complete by early March with delivery to your door by mid March.

To order and to review sample pages from the book, go to www.brookingsmarathon.com/book.html.
 Contact Matt Bien at run@brookingsmarathon.com with any additional questions.

*From* **Longest Day** *to*
**Brookings Marathon**
50 YEARS OF RUNNING
BROOKINGS, SOUTH DAKOTA

# Long-time loyal members

Defined as paying dues at least eight of the last 10 years or life member

Brenda Algood, Brookings SD
Arne Anderson, Canton SD
Jill Anderson, Duluth MN
Bob Bartling, Brookings SD
Herb Bartling, Vancouver WA
Christa Bartling Bortnem, Brookings SD
Jerry Bergum, Brookings SD
Benda Berseth, Brookings SD
Steve Berseth, Brookings SD
William Berzonsky, Lincoln NE
Rob Beyer, Mound MN
Tom Bezdichek, Brookings SD
Dan  Bielfedt, Brookings SD
Matt Bien, Brookings SD
Kevin Bjerke, Billings MT
Mary Bjerke, Volga SD
Russ Bjerke, Volga SD
John Blatchford, Brookings SD
Lori Bocklund, Beaverton OR
Pat Bohl, Humboldt SD
Justin Bonnema, Inwood IA
Steve Britzman, Brookings SD
Dave Bushard, Lake Shetek MN
Clyde Calhoon, Brookings SD
Andrew Carlson, White Bear Lake MN
Dan Carlson, White Bear Lake MN
Laura Carlson, White Bear Lake MN
Rob Carney, Lakeville MN
Craig Cassen, Piedmont SD
Lyle Claussen, Beatrice NE
Sharon Clay, Brookings SD
Paul Coffin,Sioux City IA
Paul Danger, Valparaiso IN
Sara Danger, Valparaiso IN
Ann Day, Willmar MN
Rod DeHaven, Brookings SD
Andrew Dickinson, Brookings SD

Jay Dirksen, Hot Springs Village AR
Jim Egeberg, Valley City ND
Pat Egeberg, Valley City ND
Monte Farnsworth, Pierre SD
Brian Fendrich, Apple Valley MN
George Fendrich, Sioux Falls SD
Van Fishback, Brookings SD
Becka Foerster, Brookings SD
Brian Freking, Keota OK
Jim Glazer, St. Paul MN
Dave Graves, Volga SD
Dave Griffith, Wecota SD
Chris Gruenhagen, Brookings SD
Kaylyn Gutormson, Brookings SD
Dan Hansen, Brookings SD
Paul Hanusa, Volga SD
Steve Hauff, Sioux Falls SD
Mary Held, Aurora SD
Mike Heyl, Lincoln NE
Mike Hieb, Brandon SD
Wade Hoffman, Minnetrista MN
Joanie Holm, Brookings SD
Rick Holm, Brookings SD
Dennis Hopfinger, Brookings SD
Owen Hotvet, Sioux Falls SD
Hunter Jamison, Wentworth SD
Scott Jamison, Wentworth SD
Taylor Jamison, Wentworth SD
Gloria Jansen, White Bear Lake MN
Marcus Johansen, Stacy MN
Randall Kantack, Aberdeen SD
Angela Kauch, Minneapolis MN
Lucy Kephart, Brookings SD
Gene Kingslien, Watertown SD
Wally Klawiter, Sioux Falls SD
Carol Klitzke, Maple Grove MN
Kelly Koenig, Brookings SD
Bryan Krogman, Brookings SD

Steve Kurtenbach, Sioux Falls SD
Shari Landmark, White SD
Jay Larsen, Brookings SD
Polly Larson, Volga SD
Steve LeFevre, Fallbrook CA
Deb Leiferman, Brookings SD
Mark Lidman, Kansas City MO
Harry Mansheim, Brookings SD
Reyna Martin, Brookings SD
Chuck McCullough, Brookings SD
Nikki McDaniel, Rapid City SD
Barry McKeown, Arlington TX
Dan Merchant, Brookings SD
Kati Merkley, Brookings SD
Janet Merriman, Brookings SD
Michael Merriman, Brookings SD
Christy Mettler, Colorado Springs CO
Miles Mettler, Colorado Springs
Dave Meyer, Brookings SD
Patricia Meyer, Brookings SD
Jerry Miller, Sioux Falls SD
Paul Morgan, Winona MN
Keith Morrill, Custer SD
John Nelson, Madison SD
Vicki Nelson, Sioux Falls SD
Trudy Nepstad, Roeland Park KS
Judy Norton Pinckney, Rosemount MN
Kurt Osborne, Brookings SD
Jim Pedley, Martinez CA
Grant Peterson ,Brookings SD
Gary Pierson, Sioux Falls SD
Dan Propst, Pierre SD
Eric Rasmussen, Brookings SD
Richard Reid, Brookings SD
Colene Reiser, Brookings SD
Lynn Riedesel, Brookings SD
Bob Ritter, Brookings SD
Gail Robertson, Brookings SD

Dwayne Rollag, Sioux Falls SD
Stephen Roy, Hastings MN
Bob Salmi, Aberdeen SD
Andrea Schmidt, Brookings SD
Brad Schmidt, Brookings SD
Nancy Scholl, Brookings SD
Joe Schuch, Belton MO
Susan Scott, Lincoln NE
Justin Sell, Brookings SD
Boyd Shank, Brookings SD
Dick Smith, Brookings SD
Kevin Smith, Brookings SD
Peder Solberg, White Bear Lake MN
Tom Stambaugh, Nevis MN
Audrey Stavrum Riggs, Portland OR
John Stiegelmeier, Brookings SD
Russ Strande, Brookings SD
Barbara Swenson, Pine Island MN
Ron Tesch, Brookings SD
Marcel Thielke, Brookings SD
Jim Thvedt, Brookings SD
Chuck Tiltrum, Aurora SD
Dale Tribby, Miles City MT
Gregg Uecker, Freeman SD
David Ulschmid, Arlington SD
Scott Underwood, Brookings SD
Peggy Whalen, Brookings SD
Andriette Wickstrom, Storm Lake IA
Tim Wilson, McMinnville OR
Joan Wolles, Colton SD
Tom Woodall, Charleston IL
Becky Youngberg, Eden Prairie MN
Jack Youngberg, Eden Prairie MN
Kim Zilverberg, Belle Plaine MN
Jason Zimmerman, Brookings SD
Kyrsten Zimmerman, Brookings 6