Beef and Eggs story 2023

Press release

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Beef and Eggs title goes to SDSU standout Breuckman

Tom Breuckman, 23, completed his senior year on the SDSU track team with a runner-up finish in the 1,500-meter run in the Summit League Championship in May, but he wasn’t finished collecting accolades.

The Andover, Minn., standout won the Beef and Eggs 5K Saturday with a time of 14:56 (4:48 per mile pace), sixth fastest finish in the 19-year history of the Prairie Striders event. While it was his first Beef and Eggs title, it is the second time for him to run a sub-15 time in the event. In the 2021 race, he finished third with a time of 14:59.

Breuckman is one of only two runners with top 10 times in the race. His 2023 time of 14:56 ties Trent Lusignan (2019) and Kyle Burdick (2020) for the sixth fastest time.

Runner-up honors for 2023 went to Will Lohr, 19, of Sioux City, Iowa, an incoming sophomore on the SDSU squad, with a time of 15:13. Eight seconds back was Cormick Logue, 20, of Parsons, Kansas, an incoming sophomore on the SDSU squad, repeated as the third-place finisher with a time of 15:21.

The women’s winner was Cailie Logue, 24, Cormick’s sister. Logue ran at Iowa State and won 13 conference titles in her history as an Iowa State distance runner, the most recent a 15:54.60 in the Big 12 5K championship May 13. At the Beef and Eggs she finished with a time of 18:09, putting her at No. 10 in the list of all-time women performers.

She finished ninth overall at the Beef and Eggs and was 46 seconds faster than the female runner-up, Addison Scholten, 15, of Brandon, who finished in 18:55 (13th overall). Third-place female was Oksana Johnson, 26, of Brookings, a former 800-meter standout at SDSU who finished in 20:15 (18th overall).

This year’s race attracted 107 runners from eight states, the farthest being from Bellingham, Wash. Runners age range was from 9 (two of them) to 76 (there were three in the age 70+ category).